



Working in the local community

- 2022 marks the 50th year of Samaritans providing emotional support in Boston, Spalding and Skegness area
- We provide 'How to listen' workshops to help people better support each other and offer Workplace Training to local businesses and organisations
- We attend and speak at local wellbeing and community events to raise the profile of our branch and Samaritans' listening service
- We provide support and fundraising materials to local venues and businesses like sports clubs, cafes and pubs
- To promote Samaritans' helpline, we put posters up around the local area so if anyone needs to talk, they know we are there for them.

SAMARITANS

We're here to listen

Whatever you're going through, you don't have to face it alone.

Call free day or night on

116 123

Email

jo@samaritans.org

Postal Address

**Len Medlock Voluntary Centre,
St George's Road,
Boston PE21 8YB**

“ If Samaritans wasn't here I wouldn't be **Samaritans caller** ”

Samaritans is a registered charity.

SAMARITANS

Boston, Lincolnshire



Help us be there when it matters



Our history

- 1972:** After lots of preparation, Boston Samaritans took its first call for help on 4 September
- 1976:** We received 314 calls for help
- 1983:** Bought our new branch, 52 Wormgate, for £10,000 which we had previously been renting
- 1992:** Our branch now had a total of 61 volunteers
- 1994:** Installed a 2nd phone line
- 1996:** Received a Civil Award from the Council
- 2006:** Sold 52 Wormgate, moved to 126 London Road
- 2009:** Moved our branch to 16a Main Ridge
- 2009:** Attended the Boston Community Showcase
- 2018:** Moved our branch to the Len Medlock Centre
- 2019:** Provided in person Workplace Training around Boston, Skegness and Spalding
- 2020:** During lockdown, despite over a third of our volunteers self-isolating and unable to do duties, we still covered 90% of our planned rota
- 2021:** Provided 'How to offer emotional support to others' training over Zoom to any local group that needed it
- 2021:** Added a 3rd telephone line and 35 volunteers answered 5,587 calls for help
- 2022:** Celebrated our 50th anniversary

How can you help us?

Donate to Boston Samaritans

It costs around £20,000 per year to run our branch. You can help us be there when it matters by donating in one of the following ways:

Text **BOSTON** followed by the amount to **70085**, eg:

- To donate **£3** text **BOSTON3**
- To donate **£5** text **BOSTON5**
- To donate **£10** text **BOSTON10**
- To donate **£20** text **BOSTON20**

Texts cost your donation amount plus one standard rate message and you'll be opting in to hear more about our work and fundraising via telephone and SMS. If you'd like to give a donation but do not wish to receive marketing communications, text **BOSTONNOINFO** to **70085**.

Or donate online at tinyurl.com/boston50thyear

Thank you – we couldn't do it without you.

Volunteer with us

You could join our team of amazing volunteers. By volunteering for a few hours a week, you could help change someone's life forever. We will train, mentor and support you all the way.

To find out more and apply please visit samaritans.org/support-us/volunteer



For the last 50 years, Boston Samaritans has been here, day or night, for anyone going through a difficult time.

Today, we have around 30 volunteers providing our listening service and helping us raise funds so we can be there for anyone struggling to cope and provide support in our local community.



In 2021, our amazing volunteers:

answered
5,587
calls for help



provided Workplace training
to over **250** people

